This course is modelled after Curling Canada's 'Getting Started for Adults' program.   The goal is for novice curlers to get progressively better through continued weekly instruction and skill development.

4 weeks of instruction (by certified instructors)

2 weeks of game play (overseen by instructors and members)

|  |  |
| --- | --- |
| When: | Saturday mornings from 9:30am to 11:15am beginning November 10th 2018 for 6 weeks. Note: There will be no class on Nov 17th. |
| Audience: | Adults of all ages with little or no curling experience.   It is also ideal for novice curlers who would like to further develop their skills. |
| Curriculum: | Main topics: Safety, 3 step and 7 step delivery, grip and release, brushing, layout of a curling sheet, rules/etiquette, basic strategy. The last 2 weeks are devoted to playing practice games, overseen by instructors and experienced curlers. |
| Equipment: | All you need to get started is a clean pair of running shoes. Slip on sliders and brooms are provided. Loose fitting pants and a warm sweater or jacket are recommended. |
| Cost: | Included with any membership. Non members pay $125 (HST included). |

For more information email Paul Fusari – [curling101@elmiracurlingclub.ca](mailto:curling101@elmiracurlingclub.ca) or 519 746-0778

Registration Form:

Please send form & cheque made payable to “Elmira & District Curling Club” to

Paul Fusari

536 Little Dover Cres

Waterloo ON N2K 4E4

**On-line registration and payment are available on our website:**

**elmiracurlingclub.ca**

|  |  |
| --- | --- |
| Name: |  |
| Address: |  |
| City: |  |
| Postal Code: |  |
| Phone Number: |  |
| Email: |  |

# edcclogo-2inx2in Curling 101